

CAPA improvement programme update

The 'Care...about physical activity (CAPA) improvement programme' is working with eight partnerships across Scotland. Together we are building on the skills, knowledge and confidence of social care staff to enable those they care for to increase their levels of physical activity and move more often. Social care staff will also discover ways to be more active themselves. The Care Inspectorate has been commissioned by the Scottish Government to lead the programme.

Meet the care...about physical activity improvement programme team

The Care...about physical activity programme team is now in place.



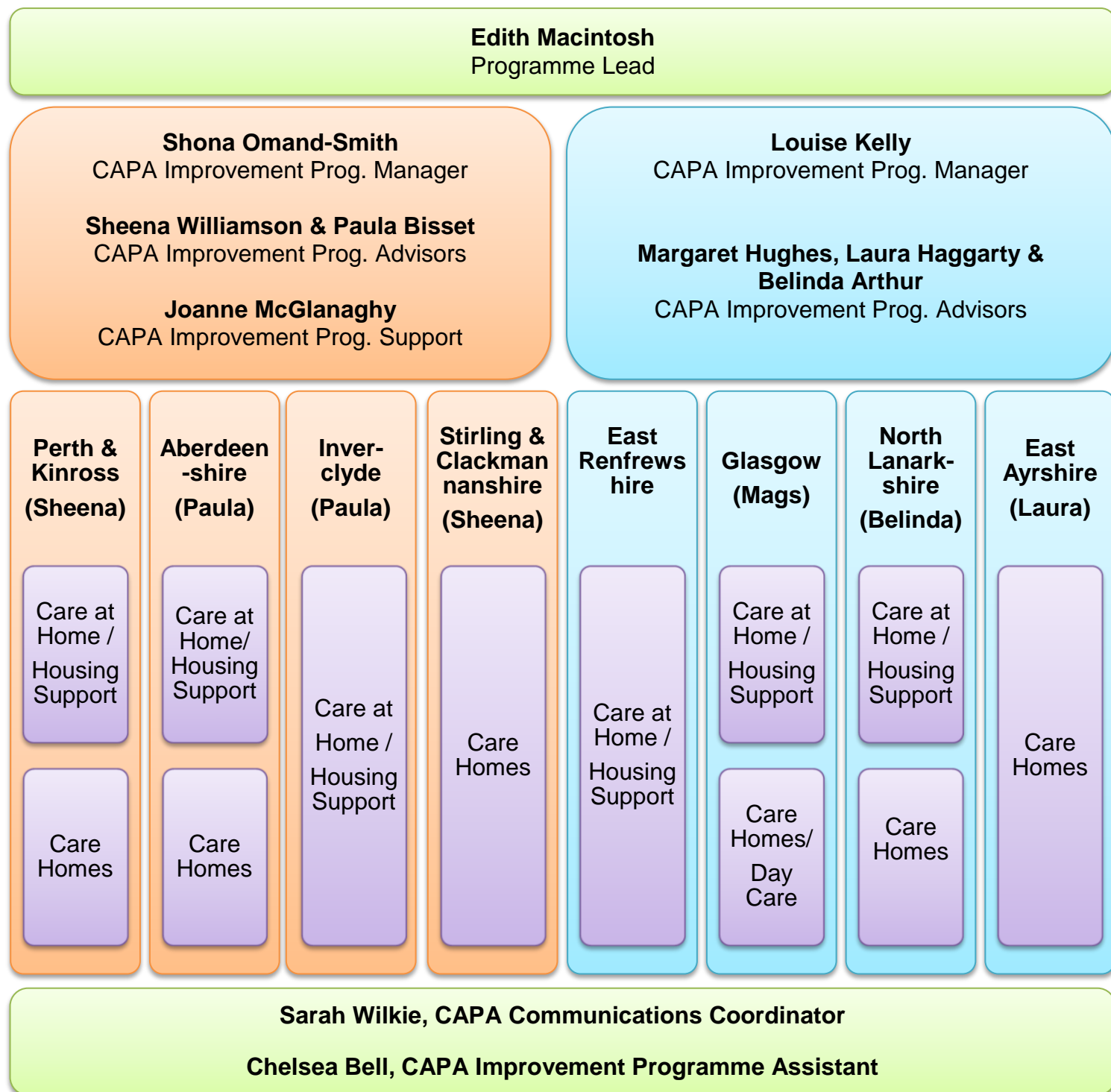
L-R – Sheena, Chelsea, Shona, Edith, Louise, Paula, Mags, Laura, Belinda

Sarah Wilkie, CAPA Communications Coordinator is also a part of the team.

Joanna McGlanaghy, CAPA Improvement Programme Support will start later this month.

Partnerships and Workstreams

The below structure shows the two teams and which areas each team will cover.



Learning Events

The first learning events will be held in June/July 2017. This will give services an opportunity to link with other providers in their area who are also taking part in the programme, to learn from each other about what is working well, and how to overcome challenges to increase activity levels even further. Services will be asked to complete and gather some information ahead of the first learning events.

The programme team are really excited about meeting the care professionals in the services involved and supporting them to make improvements.